

# Group Exercise Substitute Schedule

## October 14 - October 20

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:30am	Barre Fusion	Janine	Amy R
TUESDAY	5:30am	Bodypump	Loralee	Carol
WEDNESDAY	None Listed			
THURSDAY	None Listed			
FRIDAY	8:00am	Aqua Arthritis	Rotation	Kathy
	9:00am	Aqua Aerobics	Rotation	Kathy
SATURDAY	None Listed			
SUNDAY	9:00am	Aqua Aerobics	Rotation	Susie P
	10:15am	Aqua Arthritis	Rotation	Susie P