

Group Exercise Substitute Schedule

June 24th – June 30th

DAY	TIME	CLASS	INSTRUCTOR	SUBSTITUTE
MONDAY	9:30am	Barre Fusion	Janine	Christie
	9:30am	Tai Chi	Audrey	Kris
	10:30am	Heart Plus Tone	Audrey	Werner
TUESDAY	None Listed			
WEDNESDAY	None Listed			
THURSDAY	9:30am	Barre Fusion	Janine	Christie
	10:15am	Ai Chi	Kris	Diane
	11:20am	Sit & Fit	Kris	Diane
FRIDAY	8:00am	Aqua Arthritis	Rotation	Kathy
	9:00am	Aqua Aerobics	Rotation	Kathy
	9:15am	Aqua Arthritis	Kate	Marylee
	10:00am	Chair Yoga	Audrey	Elaine
SATURDAY	9:00am	Bodypump	Jennifer/Amy R	Amy R
	10:15am	Bodypump	Loralee	Susie N
SUNDAY	9:00am	Aqua Aerobics	Rotation	Susie P
	10:15am	Aqua Arthritis	Rotation	Susie P